

Snacks and Lunch

Parents of preschool students will provide a healthy snack daily and lunch (for full-day students). Please send in an appropriate portion that can be consumed in about 15 minutes for snack and 25 minutes for lunch and include any needed utensils. Children should bring a refillable non-spill water bottle to school each day; both water and milk are provided for lunch.

Lunch is part of the schedule for full-day students. Children may not purchase lunch. Parents will be responsible to pack a nutritious lunch that should include a protein, fruit, and vegetable. Do not send in any type of candy or candy bars. Microwavable lunches must come in the container in which they can be heated. In the event that a lunch is forgotten or an “unapproved” lunch was sent in, we will serve the child a lunch from the dining area, and the parent will be charged.

Please make sure you clearly label your child’s lunch each day. The following is a list of suggested snack and lunch options; however, please do not let this list inhibit your creativity:

- Fruits (grapes must be cut)
- Sandwiches
- Bread
- Vegetables (with or without dip)
- Muffins
- Bagels
- Cereal
- Crackers
- Yogurt
- Cheese
- Pretzels
- Cereal bars

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