# Multi-Team Players

Many of our players will be asked to play at multiple levels within the same sport (i.e. playing on both the JV and varsity teams). To ensure success for these players, coaches should consider the following:

1. Will the player excel with both teams?
2. Can the player manage the extra time demands, both athletically and academically?
3. Will the player be able to identify socially with teammates on both squads?

*GHSA rules must be adhered to in regards to the maximum number of games/quarters played for all high school players. METRO 10 rules also must be considered.

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Revision #1
Created 17 June 2021 17:43:41 by Admin
Updated 17 June 2021 17:43:56 by Admin