

# Expectations for Student-Athletes

## **Student-Athletes as Total Persons**

The total well-being of our student-athletes is paramount in importance to our coaches; having an interest only in the athletic side of our students is unacceptable. Coaches, as Christian role models, are called upon to develop strong bonds of respect and admiration with their players. By ministering to the mental, physical, spiritual, and emotional health of our student-athletes, we insure the success of this process.

## **Multi-Sport Concept and Student Participation**

*All student-athletes will be encouraged to participate in any activities, whether academically, in the arts, or athletically, in which they have an interest.* Coaches, teachers, parents, etc., should work together to counsel those student-athletes who may become overburdened by too many activities; however, pressure to keep or eliminate any specific activity(ies) is completely inappropriate. The student-athlete, in consultation with parents, teachers, and coaches, should be assisted in making sound, mature decisions in his/her best interest.

## **Expectations for Student-Athletes**

A written document should be distributed and explained by head coaches at the outset of each new season, preferably at the preseason parents' meeting. Our student-athletes should have a clear understanding of the expectations placed on them by the school and their coaches.

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