

Dual Sport Participation

At MPCS, the opportunity may present itself for an athlete to participate in multiple sports during the same season. The following guidelines should be followed when considering dual sport participation:

- Participation in only one team sport will be allowed per season (i.e. fall, winter, spring), with the option to choose a second sport from those that primarily involve individual competition. *Discretion may be used by the Athletic Directors on a case-by-case basis.*
- Participation in two individual sports is possible, but the student-athlete must designate which sport is primary and which is secondary.
- A choice is not allowed when deciding between a team sport and an individual sport; the team sport will always be designated as primary.
- Coaches may work together to find the best course of action for dual-participation that will benefit not only the athlete, but also the teams affected.
- Off-season training may not conflict with in-season practices, games, or matches. Student-athletes must fulfill their in-season responsibilities before being allowed to participate in out-of-season training.

Athletic directors, coaches, parents, and student-athletes are expected to work together as necessary to ensure all issues are handled well in advance.

Should a student-athlete participate in both athletics and arts, the athletic directors, coaches, and arts directors are expected to work together as necessary to ensure all issues are handled well in advance.

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